

Recipe for California Baby Kale Salad W/ Blackberry Vin.

Ingredients:

1-Cup Goat Cheese
1-Cup Dried Cranberries
1 Cup Candied Walnuts
8 Oz. Baby Kale

Ingredients for Blackberry Vin:

1-Cup Blackberries
1-Cup Oil
½ Cup Apple Cider Vin.
1 TBL Dijon Must.
2 TBL Honey
Water (If needed to loosen dressing)
1 Tsp. Salt
½ Tsp. Black Pepper

Dressings Instructions:

1. Using a blender or mixing bowl and whisk Blend Blackberries and Oil
2. Add remaining ingredients and blend until a smooth consistency is reached
3. Add water to loosen dressing if needed
4. Chill Dressing in fridge until serving Salad

Salad Instructions:

1. Build the salad on several plates
2. The salad should be composed of several layers of greens/ ingredients
3. Drizzle the Blackberry Vinaigrette over the Salads
4. Serve and Enjoy