

Ceremonial Cacao Base Recipe

CHEF JORDAN'S CEREMONIAL BLEND

The base recipe Jordan offers in his ceremonies

INGREDIENTS:

1 1/2 oz cacao paste or fine-ground beans
16 oz. warm water
2 tbsp coconut sugar
2 tbsp coconut butter

PREPARATION:

- Mix or froth cacao with hot water and stir
- Option: Add sweetener of choice and coconut butter